

# AFTERCARE



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## AFTERCARE

#### **Brows**

- Day of your appointment, blot your brows every 30 mins 1 hr with a clean tissue and light pressure.
- Days 2-14: Cleanse your brows once a day with the cleanser provided by your artist.
- After cleansing, use a q-tip to apply a grain of rice size amount of the healing balm provided by your artist to each brow. Apply the healing balm 1 to 2 times a day.
- Avoid excessive sunlight, sweating, excessively hot water, and picking/scratching at your brows.
- Wait at least 2 weeks after your appointment for facials, peels, botox, makeup, skincare products
  in the brows.

## Lips

- Day of appointment: Avoid spicy foods, whitening toothpaste, and use a straw when drinking.
- Days 1-7: Wipe lips with a clean, moist tissue several times a day.
- Days 1-7: Apply aquaphor to the lips liberally.
- Days 1-7: Avoid excessive sunlight, sweating (low impact workouts please!), excessively hot water
  as this can open the pores and push out color, and picking/scratching at the lips.
- Wait at least 2 weeks after your appointment for facials, peels, botox, filler, makeup or any skincare products on the lips.



### Eyeliner

- Day of appointment: 1 hour after your appointment, use an antiseptic wipe. Use wipe again before bed.
- Days 2-14: Dry heal your eyes/lash line. Avoid excessive sunlight, sweating (low impact workouts please!), excessively hot water as this can open the pores and push out color, and picking/scratching at the eyes/lash line.



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